



Athletics Policies and Procedures

In the Athletics program, student-athletes are given the opportunity to participate in school sports and improve their personal fitness. The Gorzycki athlete is someone who is self-motivated and hard working. The members of Athletics share a love of sports, competition, and being challenged. They distinguish themselves through attitude, effort, and responsibility both in sports and in the classroom. Coaches strive to create a positive team environment where sports skills are improved, fitness levels increase, and character is developed.

Uniform

In class, athletes are required to wear a Gorzycki shirt along with athletic shorts/pants in our school colors (orange, black, white, grey). Athletic shoes must also be worn. Long hair needs to be tied back and jewelry should be removed.

Locker Room

Athletes will be assigned an individual lock and locker for their belongings. Athletes cannot share lockers and should not give their combination to others. There will be a \$5 charge for lost locks. Athletes are responsible for securing their items. The Gorzycki Athletics Department and Gorzycki Middle School will not be responsible for lost, stolen, or damaged items. Other than water, food and drinks are not allowed in the locker room. Cell phones should not be brought into the locker room. If one is seen, it will be confiscated.

Grading Policy

75% Participation: - Following Directions - Best Effort - Sportsmanlike Behavior
- Positive Attitude

25% Prepared for Class: - Securing Personal Items - 100% Dressed Out - In
Assigned Area on Time



Injuries

It is the athlete's responsibility to report an illness/injury to their coach. To be excused from participation, a parent note is acceptable for three days. However, after that, a doctor's note is required. Please provide a date(s) on the note to specify restrictions and how long the athlete needs to be excused. Athletes will do an alternate assignment/workout to stay involved. Athletes will be allowed to see the high school trainer before or after school for injuries if needed. Please check with coaches about scheduling an appointment to see the trainer. Supplementary insurance is available for an injury that occurs while participating in a school sport. Please ask a coach for the necessary form.

Tardiness/Misses

Arriving late or missing practice affects the whole team and the coach's practice plan. It is important that all athletes be present and on time for every practice. Please do not schedule appointments during practice times. If your child is unable to attend practice for any reason, please contact the coach as soon as possible so the coach can make necessary adjustments. Missing practice or continually arriving late may result in a loss of playing time. Extra-curricular activities are excused absences as long as the coach has approved them. It's the athlete's responsibility to communicate upcoming conflicts with the coach in advance.

All athletes must attend half of the school day in order to participate in a game

Lost Equipment/Uniform

Athletes are responsible for the care of any athletic equipment/uniform that is issued to them. The athlete will be required to pay for anything that is lost or damaged and will not receive future equipment/uniforms until then.



Grades

Throughout the school year, it is imperative that athletes maintain a passing grade in all classes. If a student is failing at the time of an eligibility check, they are no longer able to compete in games or be included in any game-day activities. However, they may still practice at the coach's discretion. If the failed grade(s) has improved to passing at the next check, they are again eligible to compete. A list of eligibility dates can be found at: <https://www.austinisd.org/athletics/ui>

Behavior

Athletes should display appropriate behavior and good character at all times. Whether it's on the court, in the classroom, or in the community, athletes need to remember that they are representing Gorzycki and our Athletics program. Teachers/staff often communicate with coaches regarding behavior issues. Negative reports, detention, or in school suspension may result in a loss of playing time. Severe or continuous misbehavior may result in being removed from Athletics class and/or the team. Consequences are given at the coach's and administration's discretion. During competitions, athletes are expected to treat opponents and officials with courtesy. Disrespect, arguing, and inappropriate reactions/comments will not be tolerated.



Addressing Concerns

When there is a concern, please take the following steps:

1. Athletes should talk to the coach first. Quite often, this can resolve the problem, and the athlete learns responsibility and communication skills as well.
2. After an athlete has talked with the coach, a parent/guardian can contact the coach via phone or email for further discussion. A meeting can be scheduled if necessary.
3. Contact the GMS Athletic Coordinator (Coach Neary) if speaking with the coach did not resolve the issue.

Please do not approach a coach before, during, or after a game or practice.



Athletics Policies and Procedures

Please sign this form and have your child return it to his/her coach. These policies and procedures were read aloud to each Athletics class. An electronic version can be found at: <https://gorzycki.austinschools.org/our-programs/athletics/website>

By signing below, you and your child are acknowledging that you understand and will follow the department's policies and procedures. Failure to do so satisfactorily may result in removal from the program/team.

If you have any questions, please feel free to contact your child's coach via phone or email.

Sincerely, The Gorzycki Athletics Department

Student Signature Date: _____

Parent Signature Date: _____

CONTACT INFO:

Parent/Guardian Name: _____

Phone Number: _____

Email Address: _____

Parent/Guardian Name: _____

Phone Number: _____

Email Address: _____